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# CLICHÉS

**COMMUNITY** 

**TOOLSHEET** 

Clichés is a tool created in the framework of the "Change of View" project which aim is to renew support methods for vulnerable groups, particularly during the remobilization phase, the first step in any training program.

## **Description of the tool**

Clichés is a method that makes it possible to work with all the people supported by drawing on moments in their lives when they were able to take action and to highlight these moments in a gallery of « inspiring portraits ». It is identifying with them and for them how they managed to take steps, made decisions that allowed them to get out of a situation that seemed impossible to them to overcome.

Clichés allows us to highlight their capabilities through a unique and inspiring story for them and for others, to discover that each of us has a field of possibilities within us and to break out of the spiral of self-discrimination. It is a workshop and its methodology that make it possible to carry out this support work individually or in groups.

## Use of the tool

In the Clichés kit, you have access to the method as well as blank images to use in your workshops. All the steps are detailed. You will find advice for your future workshops.

#### → Access

https://clicheseu.wixsite.c om/english/tell



Download the methodology and visuals on the site above



Socio-professional advisors for people who are far from employment





## → Languages

French, English, Spanish

#### → Partners

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